

# HEALTH MATTERS

## ADHD

Inform your school when you are aware of a diagnosis; a care plan may need to be put into place if any medication needs to be given. School nurses are available to offer support.

## Parents/ Carer responsibilities

Know your child's condition, give the school nurse examples of situations that may increase feelings of anger, stress and frustration.

If your child takes medication in school; ensure your medication is in date! Don't wait until this has expired to get a new one prescribed, think ahead.

All medication will need to be labelled with your child's name and date of birth by the pharmacists

Ensure your child attends all medical appointments

## Helpful resources

The Autism Society provides lots of helpful resources to support you and your child with their ADHD.

<https://www.autism.org.uk/about/what-is/related-conditions/adhd.aspx>

<https://www.nhs.uk/conditions/attention-deficit-hyperactivity-disorder-adhd/>