

## HOW TO ACCESS OUR SERVICES

### Central & West London CCG

Make referrals via our Central Booking Office by completing and returning the service referral form via the following options:

**Email:** [clcht.paediatricnutrition@nhs.net](mailto:clcht.paediatricnutrition@nhs.net)

**Phone:** 0207 266 8764

**Fax:** 0300 008 3243

**Post:** Woodfield Road Medical Centre  
7e Woodfield Road,  
London W9 3XZ

Referral forms can be accessed by downloading from the CLCH website <http://www.clch.nhs.uk/services/paediatric-dietetics-nutrition-for-children-0-19.aspx>

Queries can be directed to a Paediatric Dietitian by emailing [clcht.paediatricnutrition@nhs.net](mailto:clcht.paediatricnutrition@nhs.net)

### Barnet CCG

**Email:** [clcht.paediatricnutrition@nhs.net](mailto:clcht.paediatricnutrition@nhs.net)

**Phone:** 0208 349 7073

**Fax:** 0300 008 3243

### Merton CCG

**Email:** [clcht.MertonCNTeam@nhs.net](mailto:clcht.MertonCNTeam@nhs.net)

## Paediatric Nutrition and Dietetic Service

Providing specialist children's dietetic services across Barnet, Central & West London, and Merton CCGs.

*"Time was taken to explain and talk. I felt comfortable and the Dietitian ensured I was getting help."*

Clinic patient

*"Important for advice, support, right nutritional diet content without cow's milk. Dietitian listened to me and gave great advice."*

Appropriate prescribing service patient

*"Easier to have home visits than to be coming into clinics as this is much easier for us."*

Home enteral feeding patient

Central London Community Healthcare NHS Trust provides services across nine London Boroughs and the county of Hertfordshire. We provide healthcare services to almost 1 million people across a range of locations including patient home, GP surgeries, walk-in centres and schools.

Our vision: To deliver great care closer to home

Our mission: working together to give children a better start and adults greater independence

**For more information visit [www.clch.nhs.uk](http://www.clch.nhs.uk) or call 0208 102 3571**

Last updated January 2017

## Paediatric Nutrition and Dietetic Service

Providing dietetic children's services across Barnet, Central & West London, and Merton CCGs



**Who we are,  
What we provide and  
How to access**

## WHO WE ARE

We are a team of registered dietitians specialised in paediatric nutrition.

We work as part of the CLCH Nutrition and Dietetic Services providing specialist children's dietetic services across **Barnet, Central & West London, and Merton CCGs.**

## WHAT WE PROVIDE

We deliver specialist dietetic services to children and young people aged 0-19 years.

Our services may be provided in a clinic or home dependant on need. Parent/Carer attendance at initial assessment is compulsory.

## BARNET CCG

We see children who are registered with a Barnet GP.

- We offer one to one consultations with specialist advice and care packages to children for:
  - Home enteral tube feeding;
  - Children prescribed a specialist allergy formula/product – part of the Nutrition Appropriate Prescribing Service commissioned until March 2017.

## CENTRAL & WEST LONDON, and MERTON CCGs

We see children who are registered with a Westminster, Kensington & Chelsea, or Merton GP.

- We offer one to one consultations with specialist advice and care packages to children for:
  - Home enteral tube feeding
  - Faltering growth
  - Behavioural eating problems\*
  - Nutritional deficiencies
  - Food allergy/food intolerance
  - Obesity (BMI >91st centile with comorbidity or BMI >98th centile)
  - Gastrointestinal conditions – constipation/diarrhoea\*
  - Children with safeguarding and nutritional concerns

\* unresolved with first line advice



## BARNET, CENTRAL & WEST LONDON CCGs

- We provide paediatric nutrition training and updates to practices and services via request.
- We offer an advisory service to GPs to ensure appropriate prescribing of nutritional supplements/specialist milk formulae. Benefits of this service include:
  - Improved clinical outcomes;
  - Improved patient safety;
  - Improved patient experience;
  - Reduced inappropriate spend on specialist milk formulae.

How we do it:

- Search GPs system for children prescribed nutritional supplements/specialist milk formulae;
- Invite these patients to see a specialist paediatric dietitian for a review of the appropriateness of their prescription and to provide expert dietetic advice to suit their needs;
- Inform GPs of prescription recommendations.

