We’re building a spaceship… with a window… and an astronaut. What’s an astronaut?

Feed your child’s hungry little mind

Hungry Little Minds is a Government campaign giving parents ideas to boost your child’s learning. Search online for Hungry Little Minds.

TopTips… at home

Daily tasks to do with your child

- Talk about what you are doing and why you are doing it.
  - When hanging up the washing, you could say: ‘The clothes are wet, let’s hang them up to dry.’
  - Give them simple tasks like passing you the socks. Praise them for helping.

- Read picture books together.
  - Talk about the things they can see and how we use them. For example: ‘A bed is something we sleep in.’

- Make a photo-book of funny or memorable family events and talk about it with your child.

TopTips… on the go

When you’re out and about

- Build on what your child says about what they can see
  - When they say ‘Big bird!’ you can say: ‘Yes, it’s a big, noisy bird called a crow.’

- Talk to your child about what has happened so far in the day
  - For example, ‘We went to the shops this morning, didn’t we? We bought some apples.’
  - And talk about what is going to happen next: ‘After lunch we’ll do the washing up.’

Central London Community Healthcare
NHS Trust

More information about Central London Community Healthcare early years speech and language therapy online: clch.nhs.uk