What is a medication use review (MUR)?

- Identifies whether or not patients understand how their medicines should be used and whether or not they use their medicines as prescribed
- Identifies how patients should correctly use their medicines and any issues affecting correct use, for example timing
- Identifies if patients know why they have to use their medicines and explains the condition for which each medicine is prescribed

An MUR is not:

- A full clinical review
- An agreement about changes to medicines
- A discussion about the medical condition beyond that which is needed to achieve the above objectives
- A discussion on the effectiveness of treatment based on test results

MURs must only be provided for patients who have been using the pharmacy for the dispensing of their prescriptions for the previous three months. Please ask at your local pharmacy whether they provide this

The review with the pharmacist will last for 10-20 minutes in a private area

1. Royal Pharmaceutical Society of Great Britain—medicines-use review
2. Medicines use reviews—understanding your medicines—Department of Health
New Medicines Service (NMS)

You can take part in this free NHS service if you live in England and have been prescribed a new medicine for any of the following conditions:

- Asthma
- Chronic obstructive pulmonary disease (COPD)
- Type 2 diabetes
- High blood pressure
- A new blood-thinning medicine

How do join the scheme?

When you take your new prescription to your local pharmacy, ask the pharmacist if you can take part in the service. If you are prescribed a new medicine for the first time for either an existing or newly-diagnosed health problem, you may be able to get extra help and advice about your medicine from your local pharmacist through the NMS.

What’s happens during the service?

- You can talk to the pharmacist when you first start your medicine and ask any questions you may have about it. For example side-effects or fitting your treatment around your lifestyle.

- You will then have two follow-up appointments where you can talk about any issues you might have experienced with the medicine. After this the service then ends, but your pharmacist will always talk to you about your medicines when you need help.

- The service is provided in a private consultation area and will last around 10-15 minutes. All the discussions with your pharmacist can take place in person or by phone.