



Top Tips... at home

- Let your baby splash at bath time.
 - Talk about what's happening and how it feels.
 - Say the same words and do the same actions over and over. For example, pour the water over their feet and say 'Wash, wash, wash your toes.'
- Play together with fabric books that have different textures.
 - Scrunch the fabric to get your baby's attention or stroke their hands with the fabric.
 - Name the objects you are playing with and talk about how they feel.
- Sing lullabies which are simple, soothing and repetitive, such as 'Twinkle, Twinkle Little Star'.
- Say or sing rhymes with actions where you tickle your baby, such as 'Round and Round the Garden'.

Top Tips... on the go

When you're out and about

- Stick your tongue out and see if your baby can copy you.
- Try blinking your eyes and making funny noises with your lips.
- Copy the noises your baby makes.
 - React to what they're doing, say things like 'Wow, you can make loud noises.'
- Have a guess at what your baby might be thinking or feeling and put it into words. For example, 'It looks like you're sleepy.'

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