Community Diabetes Service

What is the Community Diabetes Service?
A dedicated specialist community service for adults with diabetes and their family or carers who need extra support with diabetes management, for example: poor glycaemic control; insulin initiation or review; intercurrent illness; hypoglycaemia or patient education.

What services do we provide?
Referral service for patients with diabetes:
• Specialist nurse and dietician led clinics, supported by consultant diabetologist led MDT
• Consultant led troubleshooting clinic
• Dietician led drop in service
• Home visits for housebound patients.

Diabetes education for patients (NICE compliant):
• XPERT
• XPERT Insulin
• Arabic Specific
• One to one where required.

Support for your practice:
• Email and urgent telephone support
• Engagement with ICP MDG meetings for complex case discussion
• Tailored support for your team eg virtual clinics
• Support for district nursing teams.

We have clinics at:
Violet Melchett Health Centre
World End Health Centre
Colville Health Centre
St Charles Centre for Health & Wellbeing
Home visits (by agreement).

Who do we see?
Adults with Type 2 Diabetes - for example:
• newly diagnosed for education (XPERT)
• poor glycaemic control on more than 2 oral agents
• hypoglycaemia
• regular A&E attended due to diabetes.

Exclusion criteria – refer to secondary care:
• type 1 Diabetes
• poor glycaemic control despite optimisation of Insulin therapy
• hypoglycaemic unawareness / gastroparesis / neuropathic pain /autonomic neuropathy
• pre-conception counselling or pregnancy care
• advanced Renal Failure (eGFR < 30 ml/min)
• foot ulceration.

Referring:
• referral form preferred (available via EMIS and Vision)
• please include contact details for patient, medication list and up to date blood results, as indicated on form
• email (preferred) or fax – see below:

To refer a patient or if you have further enquiries please contact us at:
Community Diabetes Service
51 Kensington Park Road
W11 1PA
Tel: 020 7792 7779
Fax: 020 7792 7754
Email: diabeteskcpct@nhs.net