

HEALTH MATTERS

Diabetes & Primary School

You will need to inform your school of your child's diabetes diagnosis so that a care plan can be put into place for them. Usually a diabetic nurse specialist will complete this with you and the school. Some training will also be offered to staff in how to manage your diabetes whilst you are at school, usually this will be from the diabetic nurse specialist.

Parent/ carer responsibilities

Know your child's signs and symptoms for hypo's and hyper's, this will need to be included in their care plan.

Ensure your child's medication is in date! Including the one you may have left with the school. Don't wait until this has expired to get a new one prescribed, think ahead.

All medication will need to be labelled with your child's name and date of birth by the pharmacists

Your child will need to have their medication with them on any school trips, swimming, after school clubs and for sports; you may need to discuss this with their teacher

Helpful resources

Diabetes UK provides lots of helpful resources to support you and your child with their Diabetes.

<https://www.diabetes.org.uk/guide-to-diabetes/your-child-and-diabetes>

NHS resources

<https://www.nhs.uk/conditions/type-1-diabetes/type-1-diabetes-in-children/>